



ZSCHIMMER & SCHWARZ

WALKING CHALLENGE

26 May–4 July 2025



GET TO KNOW OTHER
Z&S SUBSIDIARIES

Why?

Z&S has been growing significantly, and now it's time to **strengthen our global culture**, foster **team spirit** and create a more **collaborative work environment**. This initiative also addresses the sedentary nature of modern workplaces by promoting **healthier habits**

What?

Join a **6-week walking challenge** in which employees from all legal entities will track their daily steps **to virtually travel the Z&S Group's locations** around the world. Each stop unlocks intriguing insights: how many colleagues work there, what they produce for which business divisions ... and a lot more!



BOOST YOUR
FITNESS

How to join?

Four simple steps to get started:

- ❗ Click [HERE](#) and register with the code **instingo04d9758b** (you'll receive a confirmation e-mail).
- ❗ Select your subsidiary to join your local team.
- ❗ Download the free app of our partner Instingo and log in with your credentials.
- ❗ Walk! Any additional activities, like gym training or cycling, can be converted into steps. To do this, go to the "Add steps or activity" section, select the activity, enter the minutes and intensity.

Live the experience!
Download instingo now!



SUPPORT YOUR
LEGAL ENTITY

When?

Steps for the challenge will be tracked from **26 May to 4 July**. Over these six weeks, every step counts!

Good to know

Weekly updates:

Stay informed with weekly updates showing which subsidiaries are leading the challenge and how far we've traveled together.

Privacy first:

Don't worry, no personal health data or sensitive information will be collected. Only your step count will be tracked!

For any questions:

If you have any questions, contact:

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Need more information? Click [HERE](#) to find all the details.

Alone we go faster, but together we go further